

Guide for participants: Belief System by Ranters Theatre

BELIEF SYSTEM is an immersive installation made from hundreds of voice recordings of people's beliefs, collected from residents across Cardiff. The project, created by Australia's Ranters Theatre, will be presented at Chapter in Summer 2023.

We would like as many people as possible to contribute, in as many languages as possible, so that the recordings are representative of the people whose beliefs shape our city. The hundreds of beliefs will be mixed as an anonymous collage.

Please record 6-8 beliefs from the 4 categories below.

One each from the first three categories and three from the **Personal** category.

1. Philosophical – beliefs you hold about spirituality, religion etc.

Eg 1. I believe in a god but don't know how it all works.

Eg 2. I believe that when we die, we become part of the air that we breathe.

2. Social – beliefs you hold about institutions, the environment, people, and the world around you.

Eg 1. I believe in institutions so long as there is protest.

Eg 2. I believe that the world's problems are too hard for today's politicians.

3. The Future – beliefs you hold about the future

Eg 1. I believe we'll make contact with aliens in the future.

Eg 2. I believe the future will be dark then bright.

4. Personal – beliefs about you and your experience of daily life; things that maybe difficult sometimes, your habits, your relationship to your objects.

Eg 1. I believe my eyes are blue even though everyone tells me they're green.

Eg 2. I believe I feel shame too easily.

Eg 3. I believe in colour coding my socks.

Recording instructions and tips

- Take some time to **think about your beliefs. Write them down** before you record.
- Be as **personal as you can allow** yourself.
- Each belief should be **one sentence long**.
- List the **belief only** but not the reasons why you believe it.
- Record into your phone. **Voice recording only** – not video.
- **Find somewhere quiet** indoors to record.
- Record each belief as a separate recording. **8 beliefs = 8 separate recordings**

Thank you for participating in this project!